# Some critical factors in personal financial planning

### P.W.C. de Wit

Department of Business Economics, University of Pretoria, Pretoria, 0001 Republic of South Africa

The use of effective financial planning is often neglected by private individuals. In the inflationary environment of today the lack of financial planning can lead to financial disaster, especially when a person reaches his or her retirement age. This article reports the results of a study regarding financial planning by private individuals. It highlights the different levels of wealth obtained and some of the methods used in obtaining those levels of wealth. An effort is made to give advice to the individual in order to curb the statement so often heard: 'If I were a rich man'.

Privaat individue is soms geneig om nie van doeltreffende finansiële beplanning gebruik te maak nie. Dit bring mee dat talle mense wat hul aftree-ouderdom bereik, finansiële rampe beleef, veral weens die inflasionistiese toestande wat deesdae heers. Hierdie artikel doen verslag oor 'n studie wat in verband met finansiële beplanning deur private individue onderneem is. Dit beklemtoon die onderskeie vlakke van rykdom wat behaal is en die metodes wat aangewend is om dit te behaal. Daar word gepoog om finansiële advies aan die individu te verskaf, sodat die stelling: 'As ek maar 'n ryk man was' nie so dikwels gehoor word nie.

### Introduction

Inflation is undoubtedly one of every citizen of the Republic of South Africa's worst enemies if not the worst. People so often try to save during their lives and when they retire they find that they can hardly exist on their savings. This is usually the result of inflation.

Another factor that normally ends up in financial disaster is when a person enjoys a 'good life' by living well above his means (Hurley, 1981: 3). Should a person prefer a simpler life style by saving more money and by investing in more profitable ventures, he or she will stand a better chance to live better when they retire.

Personal financial planning usually starts with an appraisal of a person's strengths and weaknesses (Hurley, 1981: 4). A long-term financial goal must be set with these strengths and weaknesses as base. This can only lead to eventual financial independence (Tagtmeier, 1985: 89) provided a financial setback like the burning down of an uninsured house, does not occur. Typical financial objectives can be to (Gobeil, 1987: 31):

- provide financial security for the family;
- provide money for children to attend college or university;
- provide funds to purchase a new house;
- enable a family to maintain a current standard of living, should a spouse die.

Ward & Niendorf (1978: 458-459) identified four points in a person's life cycle where he or she experiences transition and change. These points are:

- the reaching of a person's legal majority when he or she must start supporting themselves. They may be students but they will have the responsibility to budget their expenses in accordance with their income;
- the decision to marry which normally brings about some drastic changes in a person's financial goals and spending patterns. Large debts can be incurred when the newly weds buy their furniture and even their first house. The sources of family income may become more as the wife starts working and it will become less

- when the wife must stop working to look after the children;
- when a spouse dies or when a couple gets divorced. Both of these cases bring about a drastic change in the household's income and require important decisions regarding the future of the household. An example of this is when small children are involved. Death or divorce will require important decisions regarding their educational and career matters;
- when a person decides to retire. This is usually the time when a couple changes home or relocates and when it is time to do some serious estate and tax planning. It usually brings about an important change in income.

# Objectives of the study

Herbert Spiro (1978: 4) gave a descriptive definition of personal financial planning. He reckoned that personal financial planning 'consists of initiating or validating a financial course of action based on the forecasts developed' by a person for his or her expected income stream.

Personal financial planning encloses the following:

- the setting of a long-term goal in accordance with a person's strengths and weaknesses (Hurley, 1981: 4);
- the maximizing of a person's financial preferences should it be material acquisitions, long-term wealth or whatever the case might be:
- the introduction of a proper record-keeping system;
   and
- the drafting of monthly and annual budgets.

The four points stated above are used as the basis of the study. The objectives are to ascertain the extent to which people make use of the stated financial planning methods.

# Methodology

A questionnaire consisting of 31 questions was mailed to 400 private individuals in Pretoria. The telephone directory of the city served as the sampling frame to the

study. The response rate was 20,5% or 82 usable questionnaires. Some very favourable remarks came from the respondents.

### Results of the study

Table 1 gives an overall insight into the answers that can be expressed in quantitative terms.

Table 1 emphasizes that 74% of the respondents are satisfied that they will be able to retire with financial peace of mind. These results immediately bought the writer to the question, namely what must the total net assets of a person be in order to retire with financial peace of mind? The net assets of the respondents older than 50 years of age were taken as shown in Table 2. This age was selected as a person over this age is slowly but surely running out of time in acquiring more assets unless there is an inheritance waiting.

Table 2 indicates that all the respondents that indicated that they will be able to retire with financial peace of mind have built up quite a substantial sum of money through the years except for respondents numbers 1, 12 and 23. There is a notable difference in perception as far as the obtaining of financial success is concerned. Respondent number 1 thinks he has obtained financial success whilst he only has assets to the amount of R45 724. Respondent number 24 reckons he has not reached financial success although he has total net assets of R444 000.

The unsatisfied 36% in Table 1 give the following steps that they intend taking in order to rectify the situation as shown in Table 3.

It is rather shocking to note that 47,6% of the unsatisfied respondents intend to do nothing about their problems. Thirty per cent (30%) of these respondents intending to do nothing are over 50 years of age and may feel that it is too late to do anything significant about it. Ten to fifteen years is a short period available for building a substantial asset value.

A number of factors that may have contributed to the financial success or failure of respondents were identified and stated in the questionnaires. These factors are stated in Figure 1 in accordance to the regularity in which they appeared.

**Table 1** Overall results of questions asked. Responses (n) = 82

Description	Yes %	No %	Male %	Female %
People who can retire with financial				
peace of mind	74	26		
Will handle financial matters the				
same way should they have their				
lives over again	60	40		
Married	84	16		
Male gender			87	13
Income tax			63	37

Table 2 Net assets of respondents older than 50 years

n	Age years	Peace of mind	Success	Assets	Liabilities	Insurance
1	82	Yes	Yes	45 724	0	0
2	75	Yes	Yes	285 000	0	0
3	74	Yes	Yes	181 016		40 000
4	69	No	Yes	315 000		48 000
5	69	Yes	Yes	6 000	0	4 000
6	69	Yes	Yes	272 000	0	2 000
7	<b>6</b> 6	Yes	Yes	558 000	0	50 000
8	65	Yes	Yes	817 000	0	54 000
9	64	Yes	Yes	46 000	0	130 000
10	64	Yes	Yes	320 000	0	
11	63	No	Yes	223 500	38 000	100 000
12	63	Yes	Yes	68 000	3 000	
13	62	Yes	Yes	275 000		10 000
14	60	No	Yes	500 000	0	
15	59	Yes	Yes	323 000	2 000	100 000
16	59	Yes	Yes	187 000	15 526	189 300
17	56	Yes	Yes	288 000	1 400	52 000
18	56	Yes	Yes	230 000	15 000	250 000
19	56	No	Yes	218 000	6 600	500 000
20	54	No	Yes	262 500	43 000	250 000
21	54	Yes	Yes	500 000	33 000	700 000
22	53	No	Yes	543 000	144 000	110 000
23	53	Yes	Yes	158 000	0	
24	53	Yes	No	209 000	15 000	250 000
25	52	Yes	Yes	304 000	6 000	20 000

**Table 3** Steps intended to rectify poor financial status (n = 21)

	%
Intend doing nothing	47,6
Buy annuities and take out insurance	19,0
Save and invest more money	19,0
Try to take on part-time work	9,5
Intend to inherit money	4,9
	100,0

The importance of proper financial planning is very clear as indicated in Figure 1. The contributions of taxes, low salaries, and high inflation to financial failures are also evident. Table 1 indicates that 63% of the respondents considered the saving on income tax when they decided where to invest their money. Weiner stated that people must always try to save on taxes and do their investments for the greatest tax advantage (Weiner, 1986: 43).

It must be emphasized that the reasons that were given for financial failure cannot all be the result of poor financial planning. High cost of living, exorbitant taxes, low salaries, and inflation can be attributed to Third World developing pains.

The successful respondents were asked to identify

# Proper financial planning, cash purchases and frugal living. Hard work. Proper education. Spouse working. Proper financial advice, Grace of God, investment in fixed assets. High cost of living, exorbitant taxes, low salaries and inflation. Financial setback due to divorce settlements. High debts. Failure

Figure 1 Factors that contributed to financial success/failure

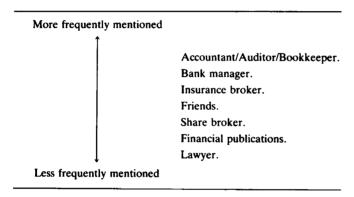


Figure 2 Financial advisors used by successful respondents

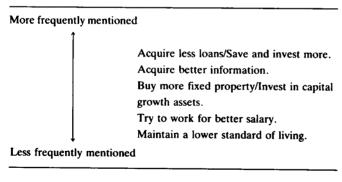


Figure 3 Steps in handling financial affairs

their financial advisors that helped them in reaching their financial goals. Figure 2 shows these responses in order of frequency.

Figure 2 proves that most of the respondents make use of advisors with experience in accountancy and investments. It actually seems strange that some people prefer their friends' advice to those of share brokers who have an in-depth experience in investments.

Respondents were also asked if they would handle their financial matters in the same way, should they have their lives all over again. Table 1 indicates that 40% of the respondents will not handle their financial matters in the same way. Figure 3 shows the steps that will be taken should they have another chance of making a success.

The influence of inflation manifests itself in Figure 3. People want to limit their loans and want to save and invest more. The fact that they want to invest in capital growth assets shows that they do not get a real return on other investments. This is due to inflation. Rudie stated that conservative investors with modest expectations and a long-term view are likely to obtain a much better performance from their investments than those who invest for quick short-term profits (Rudie, 1985: 106).

Most of the respondents (97,5%) have a reasonable knowledge regarding their monthly expenses. They budget for their monthly income and expenses but the existence of long-term budgets for investments could not be ascertained from the answers.

Table 4 shows the percentage of respondents keeping proper records of their transactions. The conclusion can be made that the current difficult financial era that we live in, necessitates proper keeping of records. Bank accounts and income tax documentation are high on the list. Much of the record keeping of medical expenses is also done for income tax purposes.

### **Conclusions**

The following conclusions arise from this study:

- The respondents do not have the same criteria regarding their assessment of financial success. Some have relatively little assets and they feel that they have achieved financial success. Others are very rich but are still not satisfied with their financial achievement as can be seen in Table 2.
- Most of the respondents (74%) are satisfied that they will one day retire with financial peace of mind. Those who are not satisfied know exactly what to do to rectify this situation as can be seen in Figure 1.
- All the respondents know exactly which factors contributed to their financial success or failure. They all know how they would handle their financial affairs, should they have their lives all over again (Figure 3).
- Accountants, auditors, bookkeepers, bank managers, and insurance brokers are more often used as advisors by respondents whom are satisfied with their financial position (Figure 2). The unsatisfied respondents also use financial advisors, but it cannot be concluded that their dissatisfaction is due to the advisors.

Table 4 Keeping of records by respondents

	%
Bank accounts	93,9
Income tax	85,3
Insurance	82,9
Medical expenses	85,3
Other monthly expenses	12,1
Expenses pertaining other income	3,7
Loans	3,6

- Most of the respondents keep proper records of their bank accounts, income tax, and insurance matters (Table 4). This is very encouraging as far as financial planning is concerned.
- Most of the respondents seem to have their financial matters well under control.

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